



Summer Day Camp DAY CAMP INFORMATION

NYA Sports & Fitness, a 501(c)(3) non-profit organization, is committed to building a stronger community by providing an environment that supports healthy living through exercises, sports, play, events and personal connection. At our Play + Camp, the NYA is focused on providing a well-rounded camp experience for all campers. Our counselors and staff are chosen carefully and trained to provide campers with a fun, supportive atmosphere where everyone can learn new skills, make friends, and most importantly, develop self-confidence. Attending camp is an experience that children will never forget, and we want their time spent with us to be as positive as possible.

The goal of our summer camp is to help registered camp participants grow in all aspects of their lives. By using our obtained camp experience and providing challenging activities in both small and large group settings, children have an experience that will last a lifetime. Our camp supports positive physical, intellectual, social and emotional development of our campers. Daily activities are specifically designed to enhance their competence, connections, character and build their self-confidence and contribute to our community.

The Facility: Camp is held at the State-of-the-Art, indoor multi-sports facility located at 4 Primrose St. Newtown, CT in the Fairfield Hills Campus. The facility offers more than just sports. We offer a variety of amenities, which includes sports clinics and kids camps, personal fitness training, pickleball, tennis & basketball courts, baseball, volleyball, birthday parties, corporate events, clean rest rooms, plenty of parking, wheel chair accessibility, fitness center and much more.

The Staff: Our program is dedicated to excellence in all aspects of our center. Providing ALL registered campers, a safe, warm nurturing, fun and with a sustainable **NO STRESS** environment. We strive to create a unique belonging, learn lifelong skills and forges lasting relationships with their peers and the people who staff it! Each member of our team brings their energy, knowledge and unique passion along with their goal to make a difference in the life of each camper every day. Our goal is to serve as professional role models and help each child gain skills and enhance his/her self-esteem.

Day Camp Hours of Operation: 9:00AM-4:00PM Monday through Friday.

Typical Day at Play+ Camp: Throughout the day, campers will participate in the day's curriculum or event(s) of the day. Day Camper are expected to adhere to our **Behavioral Policy**. All activities are geared to **FUNDamental** stages of development. The camp day ends with a brief reflection on all the fun had!

Sample camp day activities:

Organized sports: This is a time where the staff will teach skills of new and old sport games. They will organize and execute friendly but competitive play between campers.

Camper's choice: This is a time with access to multi-sport equipment for your child's choosing while supervised by our counselors. It is also a great time to do some reading for those campers who like to bring a book. **CAMPERS ARE NOT ALLOWED TO BRING ANY ELECTRONIC DEVICES** such as game-boys, ipods, cars/trucks, dolls, etc. Phone (if approved by Director must be rendered and returned to the camper at day's end.

Brain Break: This is a time where we will bring the energy level down just a bit. Some campers may choose to relax and color, some may explore fun, exciting and sometimes explosive science-like creations, others may create a craft to bring home.

Authorized Release: Camp staff will release your child only to authorized persons identified on the child's online registration form. Staff members will ask for identification - Please have your photo ID ready. In the event an unauthorized person needs to pick your child up, parents must provide written notification at drop off that day. If an emergency or unexpected need should arise for an unauthorized person to pick up your child, please contact the Camp Director. Please leave a number you can be reached at and wait for the Camp Director to call you back to confirm your request. **No child will be released to any individuals without proper ID.**

Late Pick Up: NYA Play+ camp reserves the right to activate a \$5.00 late pick up fee for every 5 minutes or part thereof in the event of reoccurring parent/guardian lateness. In the event that this occurs the parent /guardian will be given a verbal warning that any additional late pick-ups will result in the late fee.

Medication: If your child requires prescription medication during the camp day, please request to speak with the Camp Director prior to the start of the camp. An Authorized Medication Form must be completely filled out and rendered at Registration time. Each form must be completely filled out including signature and date, and signed by the child's doctor. Medication will not be permitted at camp without proper documentation.

Medications will only be administered under the following guidelines:

- Prescription medication must be in its original container with the child's name, address, and dosage instructions listed medication must be accompanied by a Doctors authorization for such.
- Medications are to be given to the Camp Director, notification of such must be done at registration time or one week prior to the child's attendance at camp. Our Office will ensure that all paperwork associated with the medication is complete and held in the Directors office until such time when it has to be administered. All camp staff/counselors will be notified of this very important task.
- No medication is to be given to camp staff directly, without prior authorization from the Camp Director.
- Medication is not to be left with the child (in backpacks/bags etc.) This includes all prescription & non-prescription medications, including but not limited to inhalers and epi-pens.

Group Placement: At Play+ Camp, children are placed in groups according to the age of the participant. Groups will be limited to a size of 10 or less comply with CDC guidelines for Covid-19.

Behavior Management: Discipline and guidance shall be consistent and based on an understanding of the individual needs and level of development of each child. Care will be taken to ensure that all rules and limits are clearly explained to the children frequently, so they understand them and feel secure the adults in charge care enough to keep them safe. Diligently and appropriately methods of behavior management will be used in dealing with unacceptable behavior. These techniques include: distraction, redirection, gentle reminders, offering acceptable choices, natural consequences, and when absolutely necessary, "renewal time" (time away from the situation to relax and renew self-control).

Repeated behavior which threatens the physical and/or emotional safety of the child, other children or staff (i.e.: hitting, biting, verbal assault, kicking, throwing objects, pushing, and temper tantrums) will result in suspension, with possible termination of the child from camp.

Lunch: Lunches, and drinks, are to be brought from home every day. All lunches must be packed **WITH AN ICE PACK** and please note, we are not able to cook or heat up lunches. Please make sure your child's name is written on all containers. All children will have a set lunch time to sit and eat with their group. Please pack your child with a large re-fillable water bottle. Snacks may be brought from home, or purchased from our café. Snacks from home should be non-refrigerated items such as crackers or granola bars and packed separately from the lunch. Due to severe allergies, we are a peanut/tree nut free camp. **Please do not pack any foods that contain peanuts or tree nuts. Please send a towel or small blanket with them for lunch, we will be eating picnic style, weather will determine indoor or out.**

**All our NYA Recreation Camps are Peanut/ Nut Free!*

WHAT TO BRING & WHAT NOT TO BRING TO CAMP:

Please make sure your child's name is on everything he/she brings to camp!

Items that should be brought to camp:

- Healthy Lunch (with name on it, and ice pack inside)
- Snacks
- Refillable water bottle
- Children must wear sneakers daily. **No cleats** of any kind will be accepted, no open toed shoes or sandals as well.
- Appropriate/comfortable clothes with name on it.
- Towel and clothes that can get wet when notification of the need.

Items that should **NOT be brought to camp:**

- Toys from home
- Cell Phones
- Electronics (portable gaming devices, music players etc.)
- Trading Cards (Pokémon etc.)
- Candy/Gum
- Glass bottles
- Pocket knives and weapons of any kind

NYA is not responsible for any lost or stolen items at camp. Camp staff will confiscate items not allowed at camp and will return them to a parent/guardian at the end of the day.

Our Summer Program is a physical experience each day. Please understand that your child may come home sweaty & tired.

Lost and Found: We will do our best to return marked items, but we cannot guarantee the return of unidentified articles. All unclaimed items will be kept for one week. All unclaimed items will be donated. Your child's name should be on everything that he or she brings to camp. The Lost & Found is located by the front Registration desk.

Photo Permission: Participants permit the taking of photographs and video of themselves and their children during recreation activities for publication and use by the Recreation Department for promotional purposes unless otherwise stated.

Insurance Information: NYA Sports & Fitness is unable to assume responsibility for injuries/accidents occurring at programs or on the facility. A Waiver must be completed at Registration.

Health Screening procedures:

All staff and children are required to be screened for any observable illness, including cough or respiratory distress, and to confirm temperature below 100 degrees Fahrenheit.

- Screening includes assessing health by taking temperature of both staff and campers upon arrival. Any person with a temperature reading above 100 degrees Fahrenheit will not be permitted into the camp.

Sick camper procedures:

- If a child begins to feel unwell, or develop a fever while at camp, they will be taken to the conference room where they can lay down and relax until a parent/guardian can come pick them up.

Sanitizing procedures:

- Campers will be brought to the bathroom for appropriate hand washing between each activity, before and after meals/snack, and as needed.
- Campers will be provided an alcohol based sanitizer after any cough, sneeze, or nose blowing while out on the playing area.